


Oak Creek Charter

After School Snack – October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 100% Fruit Juice (3/4c) Low Fat Yogurt (4oz)	3 100% Fruit Juice (3/4c) Low Fat Pretzels (1oz)	4 Fat Free Milk (8oz) Muffin (1oz)	5 Fat Free Milk (8oz) Cereal (variety) (1oz)	6 Animal Grahams (1oz) Mozzarella Cheese Stick (1oz) Water (8oz)
9 Fat Free Milk (8oz) Goldfish Crackers (1oz)	10 100% Fruit Juice (3/4c) Low Fat Yogurt (4oz)	11 Fat Free Milk (8oz) Low Fat Pretzels (1oz)	12 Graham Crackers 2pks (1oz) Mozzarella Cheese Stick (1oz) Water (8oz)	13 Fat Free Milk (8oz) Cereal (variety) (1oz)
16 TBA	17 100% Fruit Juice (3/4c) Snack Bar (1oz)	18 Graham Crackers 2pks (1oz) Mozzarella Cheese Stick (1oz) Water (8oz)	19 Fat Free Milk (8oz) Muffin (1oz)	20 Fat Free Milk (8oz) Low Fat Pretzels (1oz)
23 Fat Free Milk (8oz) Low Fat Pretzels (1oz)	24 100% Fruit Juice (3/4c) Low Fat Yogurt (4oz)	25 Fat Free Milk (8oz) Muffin (1oz)	26 Fat Free Milk (8oz) Goldfish Crackers (1oz)	27 Animal Grahams (1oz) Mozzarella Cheese Stick (1oz) Water (8oz)
30 100% Fruit Juice (3/4c) Snack Bar (1oz)	31 Fat Free Milk (8oz) Cereal (variety) (1oz)			

**** MENU SUBJECT TO CHANGE ****

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